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ACCRA TECHNICAL UNIVERSITY MARKS PRE-EASTER CELEBRATION

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Addressing members of the University community present, the Vice-Chancellor, Professor Samuel Nii Odai, entreated them to seek the divine purpose of God for their lives. Professor Odai supported his address with a Bible verse from John 15 as he continued to encourage the members present to have an atti-

> tude of oneness and unity. He stressed that the university will only achieve greater things if there is unity among its members.

The preacher, Rev. Ebenezer Agyapong, from the Pentecost International Worship Centre, Nungua, in his sermon titled "Christ Our Passover" anchored on Exodus 12:1-3 and 1 Corinthians 5:6-8 entreated the congregation to remain holy in everything they are going to do in this period of rejoicing and holidays.

The Philharmonic choir graced the occasion with the ministration of fervent hymns that left the congregants in admiration of their soothing voices as they pondered upon the awesomeness of God's greatness, blessings and mercies. The University's choir also entertained the congregants with praises that left the congregants wanting more to wear out their dancing shoes.

The service came to an end following an altar call made by Rev. Agyapong.

The University breaks for the Easter holidays from Thursday, 12th April at noon to Tuesday, April 6, 2021.



29" MARCH, 2" APRIL, 2" 29" MARCH, 2" APRIL, 2"



The management of Accra Technical University has held a three-day orientation programme for newly appointed staff, Deans and Heads of Departments at the University's auditorium from March 23, to March 25, 2021

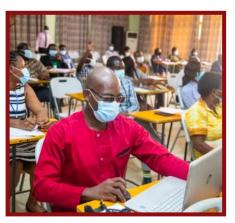


NEWLY APPOINTED SENIOR MEMBERS, DEANS AND DIRECTORS UNDERGO ORIENTATION

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The programme was purposed to enable newly appointed staff and University heads to acclimate themselves with the modalities that underpin their newly assumed positions as well as the expectations the University have of them.

The extensive programme consisted of presentations from top University officials on important areas such as leadership, mentorship, client care and university best practices.









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PICTURE GALLERY























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IN BRIEF

REGISTRAR SWORN INTO ATU GOVERNING COUNCIL

The Registrar of Accra Technical University, Mrs Sylvia Oppong-Mensah has been sworn into the Governing Council of Accra Technical University in a brief ceremony at the Council Chamber on Wednesday, March 31,



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The President of the SRC was also sworn in.

The oath office was administered by the Chairman of the Governing Council, Prof. Ralph Kingston Asabere.



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COUNSELLING AND MENTAL HEALTH DURING A PANDEMIC: DIRECTORATE OF GUIDANCE, **COUNSELLING AND CAREER DEVELOPMENT ORGANISES** SEMINAR

The Directorate of Guidance, Counselling and Career Development of Accra Technical University has organised a workshop on Monday, 30th March 2021 at the University Auditorium for academic counsellors.



COUNSELLING AND MENTAL HEALTH DURING A PANDEMIC: DIRECTORATE OF GUIDANCE, COUNSELLING AND CAREER DEVELOPMENT ORGANISES SEMINAR

he Directorate of Guidance, Counselling and Career Development of Accra Technical University has organised a workshop on Monday, 30th March 2021 at the University Auditorium for academic counsellors.

The workshop was organised to orient academic counsellors on the rudiments of counselling and mental health. Participants were taken through topics such as Understanding the Nature and Purpose of Counselling, Psychosocial Assessments in Counselling, Theories and Writing Counselling Reports. The others were Theories, Processes, Science and Art of Counselling and Ethical Issues in Counselling.

One of the resource persons, Dr Micheal Anim, Senior Lecturer and Health Psychologist at the School

of Medical Science at the University of Cape Coast (UCC) in his presentation explained what counselling is, what makes one a counsellor and the importance of counselling. He highlighted the need for every individual to undergo counselling when needed as the pressures of life get the best part of us. He stressed

> that counselling involves professional and assistance, the best approach handling counselling issues is face-to-face. This he added ensures interactivity.

> > Speaking on the aims and goals of



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counselling, Dr Anim stated that a counsellor should help untangle the tentacles that entangle and hamper a person.

He emphasised the importance of counselling while adding that talking helps in counselling as it is therapeutic.

The Resident Counsellor at the UCC Counselling Centre and Hospital, Madam Bridgette Baaha Lemaine, in her submission on "Counselling Report," stated that counselling reports help keep records between counselling practitioners and counselees which will help in makeing the right recommendations. She cautioned on how an unorganised Counsellor's work results in a shoddy work overall. She provided the format on how the counselling report should be.

She also touched on sexual harassment as it is an area that needs a lot of education. She stressed that young boys and girls suffer a lot of depression from not speaking up due to fear and stigmatisation when they are harassed. She entreated academic counsellors to give students who may go through such ordeal the needed support and report any form of harassment whether verbal or sexual to the police as it is punishable by law.







